Some Of Our Favorite Books/Resources for Parents

Parenting

- 1. The Explosive Child, by Ross Greene
- 2. Taming the Dragon in Your Child, by Meg Eastman
- 3. Love Languages for Teenagers, by Gary Chapman
- 4. Why Do They Act That Way? By David Walsh, Ph.D
- 5. <u>1-2-3 Magic; Effective Discipline for Children 2-12</u>, by Thomas Phelan, Ph.D
- 6. The Intentional Family, by William Doherty, Ph.D.
- 7. Take Back Your Kids, by William Doherty, Ph.D.
- 8. The Hidden Gifts of the Introverted Child, by Marti Olsen Laney, Psy.D.
- 9. <u>The Good Enough Child; How to Have an Imperfect Family and be Perfectly Satisfied</u>, by Brad Sachs, Ph.D
- 10. <u>Setting Limits; How to Raise Responsible, Independent children by Providing CLEAR Boundaries, by Robert MacKenzie, Ed.D</u>
- 11. Get Out of My Life, but first could you drive me and Cheryl to the mall? By Anthony Wolf, Ph.D.

Step-Parenting:

- 1. <u>Step Coupling, Creating and Sustaining a Strong Marriage in Today's Blended Family,</u> by susan Wisdom, LPC, and Jennifer Green
- 2. <u>Love Him, Love His Kids; The Stepmother's guide to Surviving and Thriving in a Blended Family,</u> by Stan Wenck, EdD and Connie Hansen, MS
- 3. www.bonusfamilies.org